

# Harrigan's 100 Mile Store



Harrigan's Red & White has been a fixture in Southampton for over 25 years. The family-owned business has sold produce from several local farmers for almost that long. Rhubarb, maple syrup, potatoes, raspberries and herbs from people "just up the road" have been popular with residents and tourists alike. Mary Ellen Harrigan, the most recent family member to manage the store, became aware of the growing trend towards 'buying local' and decided to embrace the concept even more. She visited The 100 Mile Market in Meaford and was

encouraged to add more products and form partnerships with area producers. With the help of dozens of volunteers who reorganized and renovated the premises, she reopened as Harrigan's 100 Mile Store in early 2010. She carries a wide selection of meats from **The Beef Way** in Kincardine and plenty of fresh herbs, tomatoes, peppers, cucumbers and other vegetables in season. The store also stocks allergy-friendly foods including gluten-free products.

Mary Ellen is the butcher and the baker at the store. "I don't make candlesticks but I do burn the candle at both ends!" is her standard line. All day long, between attending to customers in the friendliest of ways, she removes delicious treats from the oven...tea biscuits, bread, tarts, cinnamon buns, banana loaves and sweet-smelling Chelsea buns. She also caters business lunches, charity events and weddings. **187 High Street, Box 1139, Southampton, Ontario N0H 2L0 • 519-797-3234 • harrigans@live.ca**

*Deli Sandwiches*  
*'On the go' Salads*  
*Cinnamon Buns*  
*Doughnuts*  
*Party Trays*  
*Wedding cakes*

## Harrigan's Vendors

Grassroots Organics, Desboro (grains, flour)  
Lone Elm Farms (potatoes, leeks, spinach, fiddleheads)  
Boddy's Maple Products, Walkerton  
Keyzer's Fruit Farm, Paisley (fruit, garlic)  
Lazy J Ranch, Kincardine (honey, candles)  
Greathead Suckers, Southampton  
Kemble Mountain Roastery (coffee)  
Hawberry Farm, Manitoulin Island (jams, jellies, chutney)  
Cottage Country North, Wiarton (preserves)  
Windy Hill Foods, Port Elgin-Burgoyne (grain, flour)  
C & M Seeds, Palmerston (whole grain pasta)  
Feige's Salad Dressing, Listowel  
Pine River Cheese  
Troll Bridge Creek, Arthur (Maple Sweet Water)  
Pine Stone Preserves

