

# Barrhead Pub & Grill

In 1998 when the opportunity to buy the Barrhead first presented itself, Jane Field admits that the idea of managing a bar was a bit daunting. Today, after having turned this Markdale business into a thriving restaurant and pub, she says she can't imagine doing anything else.

Her interest in serving locally-grown food developed after Wayne Caughill, a Grey County farmer from Southgate (near Mount Forest), offered to sell her some of his ground beef. When she hesitated, explaining that she only used lean beef for burgers, he insisted that you couldn't find a leaner cut than his. To test his claim, Jane cooked one of Wayne's burgers on the grill right next to a supermarket burger. Wayne's beef was the hands-down winner and the cook-off was the beginning a lasting relationship with Wayne and other local farmers.

You won't find any pre-prepared or processed foods in the Barrhead kitchen. Instead, you'll be served meals made from scratch with the freshest possible ingredients. Most of the desserts are made in-house and there is always a daily special featuring local foods.

Customers visiting the Barrhead Pub & Grill support a business that's sensitive to the environment in many ways. Kitchen scraps go into a huge compost pile which Jane, who has 'Master Composter' certification, manages herself. The staff recycles everything possible and styrofoam take-out containers are gradually being replaced by biodegradable bamboo boxes.

## **Local producers supplying the Barrhead**

- Wayne Caughill (Mount Forest) → beef, potatoes, chicken
- West Grey Premium Beef (Durham) → liver, beef, lamb, sausage
- Northern Woods Specialty Mushrooms (Markdale)
- Rural Mailbox Farm (Markdale) → turkey
- Loughheed's Fish Market (Warton) → fish
- Siboney Honey (Markdale)
- Saugeen Country Yogourt (Markdale)
- MacLean's Ales (Durham) and Neustadt Springs Brewery → beer
- Thornbury Cidery → Peeler Apple Cider



**Barrhead Pub & Grill • 735198 West Back Line, Markdale • 519-986-3333**

*Written by Jennifer Pittet for Grey Bruce Agriculture & Culinary Association • [www.foodlinkgreybruce.com](http://www.foodlinkgreybruce.com)*